



THE BATTALION



- Home
- News
- Sports
- Big 12 Tournament
- Blog
- Aggielife
- Opinion
- Comics
- Special Editions
- Slideshows
- Video
- Mail Call
- Radio and Podcasts
- Classifieds
- Wallpaper
- Crossword
- Sudoku

Options

- Previous Issues
- Login
- Avant GoBatt
- Employment
- Contact Us
- Advertising Rates
- RSS Feed
- AP Coverage

- U.S.
- World
- Business
- Technology

but sometimes
the most important thing you can do
is just to be there.

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Home > Aggielife

Teen stress subject of enchanting novel

By: **Christina Ashie**

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Print Email Article Tools Page 1 of 1

The advertised and easily recognizable face of depression in America is the middle-aged man or woman of commercials who has too much stress, not enough money and trouble sleeping at night. In Ned Vizzini's newest book "It's Kind of a Funny Story," a new and very real face of depression is exposed as an A-type personality teenager obsessed with success and overwhelmed by stress.

This novel pivots upon the character Craig Gilner, a 15-year-old who has spent every spare minute of the last few years studying to get into Manhattan's Executive Pre-Professional High School. Craig is certain, like many students are, that the right combination of high school extracurricular activities and good grades are compulsory for getting into the right university, which is in turn vital to having a successful career. Afraid that his "poor" grades - 93s - will exclude

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